kiddiwash

How to wash your hands
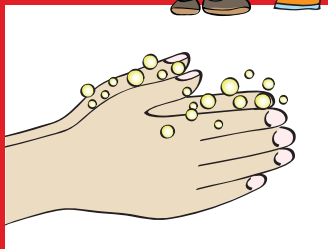
Help the Kiddiwash Kids stop the dirty germs by washing YOUR hands
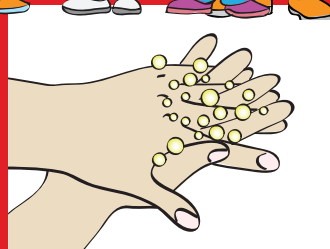
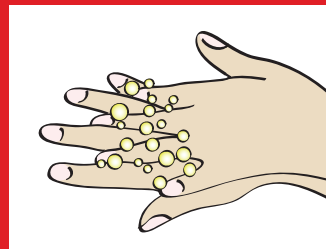**1 Get both hands wet under the tap**

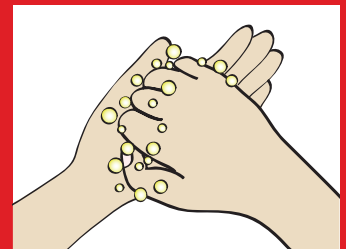**2 Drop one or two squirts of soap on to your hands**

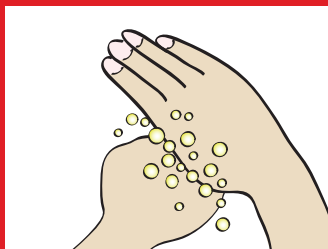**3 Rub the front of your hands together**
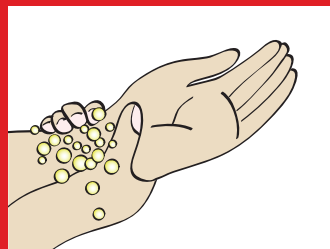
4 Rub in between your fingers and thumb

5 Rub the back of each hand with the front of the other

6 Scrub your finger tips on the front of each hand

7 Rub each thumb with your other hand

8 Rub each wrist with your other hand

9 Wash off all the soap

10 Dry your hands with a paper towel

Stop the Dirty Germs - WASH YOUR HANDS