How to wash your hands - with the Kiddiwash Kids

A step-by-step guide

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1 Get both hands wet under the tap
How to wash your hands

2 Drop one or two squirts of soap on to your hands

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How to wash your hands

3 Rub the front of your hands together

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How to wash your hands

4 Rub in between your fingers and thumb

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5 Rub the back of each hand with the front of the other
How to wash your hands

6 Scrub your finger tips on the front of each hand

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7 Rub each thumb with your other hand
8 Rub each wrist with your other hand
9 Wash off all the soap
10 Dry your hands with a paper towel
Stop the dirty hand germs